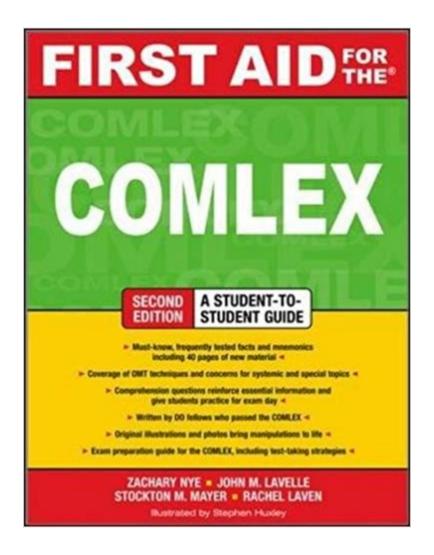


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# First Aid For The COMLEX, Second Edition (First Aid Series)





## **Synopsis**

Zero-in on exactly what you must know to pass the OMM section of the COMLEX with this unique student-to-student guide "As a test preparation book, this is a distillation of the OMM concepts and techniques that are considered pertinent to the examination. This is a very worthy idea primarily because of the limited number of comprehensive textbooks in OMM....This is an important book for schools of osteopathic medicine. 3 Stars."--Doody's Review Service Written by an exceptional team of former teaching fellows at the Chicago College of Osteopathic Medicine, First Aid for the ® COMLEX presents high-yield bulleted information on OMM techniques with corresponding mnemonics, illustrations, and tables to reinforce must-know information. This is the only review book to include frequently-tested cases for the new COMLEX and is the perfect companion to First Aid for the® USMLE Step 1, insuring the most complete exam preparation possible. Features: Completely revised based on the latest student feedback so you know you're studying the most up-to-date and relevant material possible High-yield bulleted coverage of the latest OMM techniques and treatments and osteopathic considerations for each core clerkship. Corresponding illustrations, mnemonics, and tables to reinforce must-know concepts and bring manipulations to life Frequently-tested cases prepare you for the new COMLEX Comprehensive guide to effective exam preparation includes valuable test-taking strategies. Questions and answers at the end of most chapters prepare you for exam day

#### **Book Information**

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Zachary Nye, DO Resident Department of Anesthesiology Oregon Health and Science University Portland, OR OMM Fellow Class of 2006 Department of Osteopathic Manipulative Medicine Chicago College of Osteopathic Medicine Chicago, IL John M. Lavelle, DO Resident Department of Physical Medicine and Rehabilitation Boston University Boston, MA OMM Fellow Class of 2008 Department of Osteopathic Manipulative Medicine Chicago College of Osteopathic Medicine Chicago, IL Rachel Laven, DO Resident Department of Obstetrics and Gynecology Lutheran General Hospital Park Ridge, IL OMM Fellow Class of 2006 Department of Osteopathic Manipulative Medicine Chicago College of Osteopathic Medicine Chicago, IL Stockton M. Mayer, DO Resident Department of Internal Medicine University of Illinois Medical Center at Chicago Chicago, IL OMM Fellow Class of 2008 Department of Osteopathic Manipulative Medicine Chicago College of Osteopathic Medicine Chicago, IL Elise B. Halajian, Editor OMM Fellow Class of 2009 Midwestern University Chicago College of Osteopathic Medicine Chicago, IL

Get this over OMM Review 5th, there aren't as many questions but this manual has ZERO factual errors in it. Not as many Q's as I'd like but that's what COMBANK is for.

This book is sloppily written. The section on physical tests has several errors. The section on tender points and Chapman's points does not detail specific points, but suggests students merely learn regions. COMLEX tests on specific points! The most important review information is thus missing from this book. There is no effort to include the medical law material COMLEX so often tests. The review of OMT techniques is adequate, but not stellar.

Everything made so much more sense after reading this book. It just has a way of giving you the most basic concepts that really seemed to work for me. It's a good "pre-Savarese" review book, which is fine with me b/c Savarese at times is overwhelming. LOVE the practice questions - too bad there's not more of them. Also nice having the clinically oriented sections and questions - they didn't forget about those of us who have systems-based curricula.

Some valuable material and new ways of looking at things but I cannot get over the errors. The most concerning errors are in the review questions. I understand the OMT can be complicated because of the differences between schools but some of the errors are just wrong.

I wish I would have selected a different book for the COMLEX. It is very vague. It is lacking in techniques. It is not well organized either and hard to navigate. I love the first aid for the USMLE so I was very disappointed with this book.

All the OMM you need to know for the COMLEX in one book. I bought this in addition to the USMLE prep book

Good book but savenese is higher yield and shorter.

Awesome review for tests, comlex, and general review. Love it!!

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